



558 SW Chadwick Lane ♦ Myrtle Creek, OR 97457

South Umpqua School District Sick Policy

Here is a quick and easy guideline regarding our sick policy.

The following illness policies will be strictly enforced for the health, well-being, and safety of all concerned.

Sick Child Policy: Under no circumstances may a parent bring a sick child to school if the child shows any signs of illness or is unable to participate in the normal routine and regular school day. Sick children will expose all children and staff members who they come in contact with. These people can in turn expose the other students. Because this is disruptive to other children and their families, your cooperation on this issue is extremely important.

In the event a child becomes ill and needs to be picked up, the parent(s)/guardian(s) will be called and are expected to come pick the child up within one hour (60 minutes). If the parent(s)/guardians(s) cannot be reached, or have not arrived within an hour, the emergency contact person will be called and asked to come pick the child up.

Student's symptoms/diagnosed illness	Student may return to school when ...
Fever: greater than 100 degrees (orally)	Temperature is below 100 degrees (orally) for a minimum of 24 hours without use of fever-reducing medication.
Rash: rash or rash with fever, new or sudden onset	Rash disappears. Written or phone consent from a medical doctor to a school nurse or principal.
Drainage: brown, grey, tan or yellow drainage from nose, eyes or any other part of the body	Discharge is completely gone or student has taken antibiotics for 24 hours and have a written or phone consent from a medical doctor to a school nurse or principal.
Vomiting: at least one episode that is unexplained within the past 24 hours	Symptom-free for 24 hours.
Diarrhea: three or more watery or loose stools within 24 hours	Symptom-free for 24 hours.
Cough: deep, barking, congested, or productive mucous	Symptom-free, or student has taken antibiotics for 24 hours and have a written or phone consent from a medical doctor to a school nurse or principal.
Stiff neck or headache with fever	Symptom-free, or have a written or phone consent from a medical doctor to a school nurse or principal.
Unusually sleepy, lethargic, or grumpy	Symptom-free.
Strep throat: diagnosed by a medical doctor	Has taken antibiotics for 24 hours and have a written or phone consent from a medical doctor to a school nurse or principal.
After an illness of two or more weeks, surgery, or other change in health status	Written instructions from the doctor and parent regarding medication or special health needs must be provided to a school nurse or principal.