



Indoor/Outdoor Full Contact Sports Opt-In Form

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority’s Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	South Umpqua High School
Key Contact Person for this Plan	Carl Simpson
Phone Number of this Person	541-863-3118
Email Address of this person	Carl.Simpson@susd.k12.or.us
Specify Indoor/Outdoor Full Contact Sports Included in this Plan	Boys Basketball, Girls Basketball, Boys Wrestling, Girls Wrestling
Intended Starting Date for this Plan Update	5/10/2021

School Instructional Model

OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

Plan Details for School Instructional Model

Please enter the details of your plan that correspond to the requirements listed above:

- South Umpqua High School has been operating full On-Site Instructional model since August 2020.
- Our Operational Blueprint is located on our district website:
<http://www.susd.k12.or.us/wpcontent/uploads/2020/09/SUHS-blueprint-final-8.2020.pdf>

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

- Both South Umpqua High School administrators are trained to administer on-site Covid-19 tests, along with four district office administrators for support when needed.
- When athletes, staff, or officials develop symptoms consistent with COVID-19 while at a sporting event and/or practice, one of our isolation rooms will be used to further assess the situation.
- Once isolated, if the individual is a student, parents/guardians will be notified and remain on the phone as the following procedures are followed.
- In the isolation room an administrator will review the appropriate COVID-19 testing consent forms and offer an on-site test to the individual.

- If an on-site test is administered, all appropriate paper work will be reported to the appropriate authorities by the administrator who is our school testing reporter.
- Once the on-site test is administered or if the individual chooses not to have an on-site test, they will remain in our isolation room until they can be safely transported home.

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.
- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:
 - [COVID Monitoring Form: Excel](#)
 - [COVID Monitoring Form: PDF](#)

Plan Details for Contact Information for Contact Tracing

Please enter the details of your plan that correspond to the requirements listed above:

- We will require an Excel COVID monitoring form with names and phone numbers completed from visiting schools.
- Said form must be emailed to South Umpqua's athletic director prior to arrival.
 - Luke.Gregg@susd.k12.or.us
- Hard copy of said form will also be brought to the game sight. - South Umpqua will also produce an Excel COVID monitoring form for its team.
- A third Excel COVID monitoring form will be used for all support staff

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor full contact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

Please enter the details of your plan that correspond to the requirements listed above:

- Student-Athlete Waivers will be sent home with each participant

- Parent/guardian of each student-athlete will be contacted by phone to explain the waiver.
- Each parent/guardian will also receive an all call explaining the waiver.
- Waivers will be made available at the South Umpqua High School office for parents/guardians wishing for further explanation.
- All waivers will be kept on file in the South Umpqua High School athletic office