Here is some information to share with students and families:

Pills from friends, and pills that you buy online or from social media, are not safe.	 If a pill comes from anyone other than a doctor or pharmacist, do not take it. It could be a fake pill. Fake pills are not controlled. Each pill can have a different amount of drug. Every fake pill is a risk.
Pills that a doctor prescribes for one person should be used only by that person, exactly as instructed.	 Do not take pills that were prescribed for someone else or that you receive from friends or other sources. Every body is different. A pill that is safe for one person can be harmful for someone else. Any pill can be dangerous if it is taken wrongly, such as too much or too often.
Fake pills can look just like real pills.	 A fake fentanyl-laced pill can be any color. They are often blue, greenish, or pale-colored pills. Some fake pills have marks that look like real pills. Some are marked "M30," "K9," "215," or "V48." Fake pills may have other markings or no markings.
Schools and families want to help.	 It's ok to ask for help. Students who tell us they are using drugs, or ask for help, will not be punished. Students can speak with either their teacher, school counselor, principal, or another trusted adult. If a student feels unsafe or knows someone who feels unsafe or is in emotional distress, they can call, text, or chat <u>988</u> and speak with a crisis counselor for free.

You can get this document in other languages, large print, braille or a format you prefer. Contact <u>IVPP.General@dhsoha.state.or.us</u>.