



**Canyonville
Middle School
Menu
December 2024**

Everyday Breakfast Choices

Breakfast Sandwich, Variety of Grab and Go, Cold Cereal
Fruit and 1% White Milk or Skim White Milk
(toast or string cheese is offered daily with cereal)
Students must choose 3 out of 4 Breakfast items
1 item MUST BE FRUIT, A Minimum of ½ cup

Everyday Lunch Choices

Subs, Sandwiches & Wraps
*Mon: Ham & Cheese Sandwich *Tues: *American Sub*
*Wed: Italian Sub *Thurs: Turkey & Cheese Sandwich
*Fri: Egg Salad Sandwich

Mon-Wed-Fri

Cheeseburger, Hamburger or Veggie Burger(v)
Tues -Thurs
Chicken Burger, Spicy Chicken Burger or Veggie Burger(v)
Bacon Cheeseburger Every Wednesday
All Burgers are served with French Fries or Tater Tots

Salads:

*Mon: Chef Salad *Tues: Chicken Ceaser Salad
*Wed: Taco Salad w/Tortilla Chips
*Thurs: Crispy Chicken Salad
*Fri: Cobb Salad
(all salads except Taco Salad served with WG Roll)

Pizza

Every day: Cheese (v) & Pepperoni

*Mon: BBQ Chicken *Tues: Meat Lovers *Wed: Taco Pizza *Thurs: Veggie Pizza (v) *Fri: Chicken Bacon Ranch

Nacho Bar: Offered Thursday & Friday

Daily Offering Bar Features: fresh & canned fruits & vegetables daily and 1% white or fat-free chocolate milk. All grains offered are whole grain.

2 Breakfast: Waffles Offered With: - Fruit Compote (v) Lunch: Marinara Meatball Sub	3 Breakfast: Strawberry Yogurt Cup Offered With: - Honey Graham Crackers (v) Lunch: Southwest Soft Taco	4 Breakfast: Cheesy Egg, Ham & Potato Breakfast Bowl Lunch: Crispy Sweet & Sour Chicken Rice Bowl	5 Breakfast: Breakfast Protein Power-Up Pack Lunch: Mozzarella Stuffed Breadsticks with Marinara Sauce(v)	6 Breakfast: Whole Grain Cinnamon Roll with Icing (v) Lunch: Sloppy Joe with Cheesy Mashed Potatoes(v)
9 Breakfast: Oatmeal Chocolate Chip Benefit Bar (v) Lunch: Bean Cheese Enchilada with Red sauce (v)	10 Breakfast: Buttery Maple Waffle Offered With: - Syrup (v) Lunch: EZ Pizza Bento Lunch Box	11 Breakfast: BYO Pancake Bar (v) Lunch: Rainbow Chili with Chips(v)	12 Breakfast: Breakfast Banana Split (v) Lunch: Cheesy lasagna Roll with WG Roll (v)	13 Breakfast: Cranberry Peach Muffin Square (v) Lunch: Glazed Chicken Drumstick w/ WG Roll
16 Breakfast: French Toast Sticks Offered With: -Syrup (v) Lunch: Korean BBQ Meatballs Over Steamed Brown Rice	17 Breakfast: Tony's Sausage Breakfast Pizza Lunch: Pulled Pork Sandwich with Curly Fries	18 Breakfast: Breakfast on a Stick Lunch: Creamy Chicken Alfredo over Penne	19 Breakfast: Sausage and Egg Breakfast Burrito Lunch: Cheese Quesadilla (v) w/ Shredded Lettuce and Tomatoes	20 Breakfast: Cinnamon & Sugar Donut (v) Lunch: Hot Dog with Crinkle Cut Fries
23 holiday break	24 holiday break	25 holiday break	26 holiday break	27 holiday break
30 holiday break	31 holiday break	January 2025 1 holiday break	2 holiday break	3 holiday break

This institution is an equal opportunity provider.



Menu subject to change

